

**Titan Youth Development Corporation
The Brooklyn Titans**

Titan Youth Development Corporation (TYDC) is a 501(c)(3) not for profit corporation whose mission is to provide year around, high quality, affordable out-of-school time programs for youth between the ages of 5 and 14, that promote academic achievement, physical health and good citizenship.

TYDC currently serves approximately 300 youth, providing programming in: tackle football and cheerleading, baseball, girls' softball, NCAA style wrestling, and a summer enrichment program. All of TYDC's programming is operated under the "Brooklyn Titans" name.

By providing year around programming under a common "brand" umbrella, TYDC seeks to keep groups of youth together, establishing a sense of community around the program and developing cohesive cohorts of youth who provide each other with support and positive reinforcement.

One Team ♦ One Vision ♦ One Goal

You Will Become..

Smarter

Stronger

Faster

Healthier

More Articulate

Better Prepared

Contact Us	
Phone	917-667-5193
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**Titan
Summer Academy
At Poly Prep**

A Summer Experience
Building
Academic Skill,
Leadership &
Athletic Performance

Our Program Partners



**Poly
Prep**

One Team ♦ One Vision ♦ One Goal

TITAN SUMMER ACADEMY

The Camp

For the summer of 2009 Titan Youth Development is launching Titan Summer Academy, a pilot program designed to provide student athletes with a results-based summer enrichment experience. The goal of the program is to enable each student to achieve meaningful and measurable improvement across a variety of physical and academic criteria.

Who We Will Serve

Up to 20 youth entering the 6th through 10th grades.

Curriculum

- Math
- English
- Sports Nutrition
- Public Speaking
- Sports
- Strength & Conditioning

Testing

Each student will be administered written, oral, and physical evaluations at the beginning and end of each session, and evaluated to measure the level of improvement.

Typical Day

Arrival & Sign-in	8:30—9:00am
Academics & Public Speaking	9:00—12:00pm
Lunch	12:00—1:00pm
Athletics & Training	1:00—3:15pm
Cool Down & Dismissal	3:15—3:30pm

Location

The Camp will be held on the Campus of Poly Prep located at 9216 Seventh Avenue in Bay Ridge Brooklyn.

Our Partners

Titan Academy is partnering with experts in the variety of fields covered by the program.

ACADEMICS: The academic portion of the curriculum is designed by Sylvan Learning Center specially for the Titan program, and will be delivered by a trained Sylvan instructor.



STRENGTH & CONDITIONING: The strength and conditioning part of the program was developed by E3 sports, a Manhattan-based sports performance company specializing in delivering world-class training techniques to young athletes.



NUTRITION: The Camp Nutritionist, Ms. Mary Ellen Bingham is a Registered Dietician with a specialty in sports nutrition. Ms. Bingham is the nutritionist for a division 1 college and is one of only eight Board Certified Specialists in Sports Dietetics in New York State.



Other Items

Lunch: Student Athletes can either: (a) bring their lunch or (b) bring money to purchase lunch on campus.

Our Pledge

Titan Summer Academy will guarantee that each participant will make meaningful and measurable improvement across all areas of focus. Specifically, students will score one full grade level higher on the academic assessment test, learn the principles of eating for performance, improve public speaking skills, and make measurable improvements in speed and strength.

Sessions

	Session I	Session II
Date	7/6—7/24	7/27—8/14
Academic Curriculum	Math	Writing & English
Public Speaking	Skits & Famous Speeches	Extemporaneous Speaking
Health & Nutrition	Sports Nutrition Strength & Conditioning	Sports Nutrition Strength & Conditioning
Sport**	*Golf & Basketball	Lacrosse

* Subject to change.

** Swimming will be offered a minimum of one time per week

FEE SCHEDULE

Registration Includes 1 polo shirt, 2 T-Shirts, 2 pair of shorts and 1 String Bag.	\$75.00
Session I (7/6—7/24)	\$450.00
Session II (7/27—8/14)	\$450.00
Extra T-Shirt	\$15.00ea
Extra Polo Shirt	\$15.00ea
Extra Shorts	\$15.00ea

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